



8<sup>th</sup> Oct 2021

# High Firs Primary School

# NEWSLETTER

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Visit our school website at [www.high-firs.kent.sch.uk](http://www.high-firs.kent.sch.uk)

## Message from Miss Rennie

Our children don't just learn in school and in Celebration Assembly today we enjoyed looking at some of the fantastic Home Learning that the children have been doing too – from amazing models of Tudor homes and Stone Age houses to portraits of well-known book characters and messages in bottles from pirates, amongst others. Year 5 have also made some delicious Victorian cakes in recent week and Year 6 have enjoyed trying out recipes from World War II. These experiences all help to increase the children's understanding of the topics they are covering – thank you for your support and we hope you enjoy taking part and learning about some of them too!

## Special Mentions

This week, our special mentions go to:

- Iyah M – always being kind and polite to others.
- Louisa C – for her colourful name writing!
- Annabelle B – lovely handwriting.
- Dylan H – amazing English learning.
- Sadiya M – super writing using conjunctions.
- Thomas H – a great description of seaside activities in the past.
- Beatrice G – fantastic effort with her Skara Brae information writing.
- Bethanie L – brilliant written addition in maths.
- Isabelle Z – making a fantastic pie and finding out about Sir Francis Drake.
- Ezra W – a great Tudor poem and excellent ICT skills.
- Mason T – very creative designs in art inspired by William Morris.
- Ruby B – lovely painted portrait of the BFG.
- Jake R – a fantastic idea for a World War II recipe using potatoes and spam to make “potato pigs and fritters”.
- Akash S – his original Anderson Shelter design using a metal tin can for his model.



## In our classes this week

Reception – learned about the number 1.

Year 1 – learned about greater than and less than.

Year 2 – explored materials that would make a good car ramp!

Year 3 – found out about Mary Anning.

Year 4 – learned how to muffle sound.

Year 5 – wrote poetry based on “The English” by Benjamin Zephaniah.

Year 6 – investigated transparent, translucent & opaque materials.



## Register Rabbit

Congratulations to this week's winners of Register Rabbit for their excellent attendance:



**RECEPTION  
YEAR 4**

## HOUSE POINTS

	This Week	Term Total	Top Scorers this week
<b>BEECH</b>	<b>169</b>	<b>436</b>	Emelia S, Samuel S
<b>CHESTNUT</b>	<b>161</b>	<b>448</b>	Evie T, Grace F
<b>OAK</b>	<b>168</b>	<b>464</b>	Smilte M, Kenneth C
<b>ASH</b>	<b>98</b>	<b>368</b>	Hannah C, Isabella T



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### End of the school day

Please can we remind all parents to supervise their children closely on the school site at the end of the school day and to leave the site promptly once the children have been collected. The train, tyres and stepping stones in the playground / on the field are not for use during this time.

### Marathon 2021

Well done to Mrs Phipps (and Mr Phipps!) who ran the virtual London Marathon on Sunday. A fantastic achievement!



### Clubs next week

There will be no clubs on Monday, Tuesday or Wednesday next week due to Parents Consultations. (Our After School Club provision will still be available.) Year 3/4 Football Club on Thursday will run as normal.

### World Mental Health Day

On Sunday, it is World Mental Health Day 2021. This year's theme is, "Mental Health in an Unequal World", as announced by The World Federation for Mental Health. As part of this, we are inviting all of our school community to look after themselves for a short time each day by taking part in the 30-day Mental Health Challenge:

## 30 DAY Mental Health CHALLENGE

<b>DAY 1</b> Do a deep breathing exercise.	<b>DAY 2</b> Catch up with a friend.	<b>DAY 3</b> Schedule something fun.	<b>DAY 4</b> Donate something you never use.	<b>DAY 5</b> Do 30 minutes of yoga.
<b>DAY 6</b> Plan a healthy meal.	<b>DAY 7</b> Ask for help.	<b>DAY 8</b> Listen to your favorite music.	<b>DAY 9</b> Take 10 minutes to read.	<b>DAY 10</b> Go for a walk.
<b>DAY 11</b> Budget 20 minutes of at-home spa time	<b>DAY 12</b> Practice a favorite hobby.	<b>DAY 13</b> Get distracted by a movie.	<b>DAY 14</b> Go to bed 30 minutes earlier.	<b>DAY 15</b> Drink just water today.
<b>DAY 16</b> Schedule a game night.	<b>DAY 17</b> Set a mini goal.	<b>DAY 18</b> Cross an item off your to-do list.	<b>DAY 19</b> Compliment someone.	<b>DAY 20</b> Plan a zoom catch-up with friends.
<b>DAY 21</b> Try a 5-minute meditation.	<b>DAY 22</b> FaceTime with family.	<b>DAY 23</b> Do something outside.	<b>DAY 24</b> Order in and watch a movie with your s/o.	<b>DAY 25</b> Unfollow negative social media accounts.
<b>DAY 26</b> Say no to something.	<b>DAY 27</b> Have a phone-free night.	<b>DAY 28</b> Watch a silly video.	<b>DAY 29</b> Write down something good that happened.	<b>DAY 30</b> Adopt a new habit.

### Parents Consultations

We are looking forward to welcoming parents into school next week for your consultation meetings with your child's teacher. The consultation meeting will offer the chance to discuss your child's progress and well-being, as well as to raise any concerns you may have and for teachers to let you know about your child's future targets. You will also be provided with any recent assessment data for your child and will have the opportunity for some time prior to your meeting to view your child's books.

Please –

- Arrive 10 minutes prior to your appointment so you can view your child's books before your consultation.
- Enter and exit the school through the main entrance door only.
- Consider wearing a face mask whilst in our school building and during your consultation. Our staff may choose to do the same and/or will maintain distancing.

### Friends of High Firs Primary School Association Supporting Our Children's Education Registered Charity No. 1137633

Thank you to everyone who supported our Cake Raffle – we will let you know how much we raised next week.

We had four lucky winners – Luiza, Belle, Ruby and Mabel.



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### Next week in school

#### **INSET DAYS** **No children in school**

Tues 4 Jan 2022  
Fri 27 May 2022  
Mon 27 June 2022

Mon 11 October	Parents Consultations – by appointment No clubs today
Tues 12 October	Parents Consultations – by appointment No clubs today
Weds 13 October	10.15am – Yr4 Class Assembly Parents Consultations – by appointment No clubs today
Thurs 14 October	Yr5 at Museum of Kent Life – Victorian Day Yr3/4 Football Club will run as normal
Saturday 16 October	Grounds Working Party – 9.30am: all help welcome!



#### **Important Health Information – PLEASE REMEMBER!**

Please remember to **let the school know immediately** if you suspect your child has any of the following (even if it has not been confirmed): **measles, chicken pox or shingles**. It is also important to let us know if your child has been exposed to these illnesses (eg through a friend at a club or a family member) but has not shown the symptoms themselves. Please also let us know if your child has also been in contact with any other infectious diseases.

We are a **NUT FREE** school – this is **ALL TYPES OF NUTS**. Please can we therefore ask for the support of all our school families in ensuring that none of our children or visitors bring any nuts or nut-based products (eg: Nutella spread / Snickers / nutty cereal bars etc) into school. Thank you for your understanding and support in helping to ensure the safety & wellbeing of those members of our school community for whom these products pose a serious risk.



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